



On-Target for Kentucky Kids

KENTUCKY ARCHERY TEAMS ATTEND 2007 NATIONAL TOURNAMENT AND RETURN WITH HONORS

Louisville, Ky. – Madison County High School student Morgan Floyd and Meade County High School's Greg Geary each won the Overall National Champions during the 2007 National tournament for the National Archery in the Schools Program held June 9 in Louisville.

This was the First Annual cumulative NASP National Tournament and a total of 1577 student archers representing 123 schools and 20 states participated—the largest invitational student archery tournament in North American history.

Floyd, a sophomore, took the first place honors with a score of 288 out of a possible 300. Archers took 30 shots during the competition, with a bull's eye worth 10 points.

Geary, who recently graduated from Meade County High School, won with a top score of 297/300.

Three shoot-off ties were needed to get the final results in the various categories for high school, middle school and elementary.

The remaining top male and female finishers in the high school category were: (2nd-5th) Meagan Parcell (Meade), Rachel Roberts (Henderson), Raven Krampe (Henderson) Chantelle Skarda (Minnesota); Males (2nd—5th) Matt Good (Ohio), Kohel Oettle (Henderson), Chad Leigh (Pulaski) and Ben Blevins (Pulaski).

In middle school, top male and female finishers included: (first through 5th) Amber Abate (Trigg), Kendra Harper (Elliott), Kaitlyn Ischenger (New Jersey), Marianne Arnold (Ohio), Renee Fultz (Elliott); Males: Devin Osborn (Ohio), Nathan Parcell (Meade), Samuel Howard (Elliott),

Justin Jackson (McCreary); and Billy Benson (Wisconsin).

In the Elementary division, top male and female finishers were: (first through fifth) Rachel Zorsky (New Jersey), Mickahela Hudnall (Henderson), Laurel Regan (Henderson), Kennedy McAlpin (Pulaski), and Georgia Karr (Meade); Males—Taylor Cundiff (Somerset Ind.), Zach Eunice (Henderson), Jackson Grooms (Ill.), Michael McIver (Frankfort), Tyler Wood (Lewisburg), and Nicholas Salyers (Elliott).

The team competitions were very exciting this year with all the teams trying to gain the title of "National Champions!"

In the high school division, Henderson County's High School team took first, followed by Maysville (OH)'s "blue" team and Meade County High School.

Kentucky's Henderson Middle School also took first place in the middle school division, followed by Charles Henderson of Alabama and Trigg County in third.

In the elementary school division, Lewisburg Elementary took first, followed by Payneville in second and Maysville (OH) in third.

The scholarship shoot-off was especially exciting this year, as several shoot-downs were necessary to break ties. After all the tie breakers were completed the scholarships went to:

Female Division-Rachel Roberts – Henderson High School - \$2500; Meagan Parcell – Meade County High School- \$2000; Amber Abate - Trigg County Middle School- \$1500; and Morgan Floyd - Madison Central High School- \$1000.

Male Division- Chad Leigh -Pulaski County High School- \$2500; Matt Good - Ohio- \$2000; Kohel Oettle - Henderson High School- \$1500; and Greg Geary – Meade County High School - \$1000

Notes from Jennie

Kentucky NASP State Coordinator

*By Jennie Richardson, KDFWR
Ky. State Coordinator, NASP Program*

Kentucky NASP has seen a phenomenal amount of growth and changes in the past year as we've implemented the Regional Coordinators to assist with the BAI classes and provide a regional contact for our schools. These Coordinators orchestrated the regional tournaments where over 3,000 students participated in an end of the season culminating event and they are expecting over 6,000 students to participate in 2008 at the region level. Each of the regional coordinators should be commended for their tireless effort and dedication to our KY NASP program!

Last fall we formed our KY NASP Foundation to provide funding for our regional coordinators, funds for our KY NASP State Tournament Scholarship Shoot-Off winners, funding for our state tournament and are working towards a goal of being able to offer mini grants to our new schools coming into the program. Due to the complexity of organizing our efforts with the National program we are just now able to start working toward the goals we established last fall. I know these folk will work to make the KY NASP better for our students, schools and state with board members including Tommy Floyd, Lynn Cofield, Fred Pape, Mark Elam, Scott King and Joel Zimmer.

Our KDFWR had our first stand alone KY NASP tournament with over 1,500 students participating even though it was during most Kentucky schools' spring break. Our Tournament Planning Committee met several times and afterward agreed, the event was one of the best we had ever experienced. We are excited about the how we are going to make the tournament even better for our qualifiers next year. Also our team assisted with the National Tournament, as this was the first time the Nationals were a stand-alone event. This team consists of : John Akers, Walt

(Continued on page 11)

International News

By: Roy Grimes, NASP Executive Director

On June 20, 2007 Nova Scotia joined the National Archery in the Schools Program making Canada the third country to adopt the effort. Each of the 11 BAIT and 16 BAI workshop attendees were employees of the Province's Ministry of Education. In fact, the Ministry of Education will be the lead coordinator of the NASP in Nova Scotia rather than the Wildlife Conservation agency. Educators in Nova Scotia (and across Canada) are very concerned at the declining activity level among their students and think NASP is well-designed to 'engage the unengaged' -- sound familiar?

The training was conducted at a very modern and large school in Halifax, Nova Scotia. The students were completing the school year by taking year-end evaluation exams. I was amazed at the diversity of students who attend the school -- 47 different languages are spoken among the student body. (I know, it doesn't take much to amaze a guy from London, Kentucky!)

Most of the BAIT and BAI candidates at the Nova Scotia workshop were Physical Education teachers. One was the Ministry's head architect and an officer in Canada's Archery Federation. Six of the BAIT candidates were in "experimental" positions with the Ministry called *Physical Education Animators*. I had never heard of a PE Animator position before. Apparently these folks' job is to help bring non-traditional "sports" to the physical education curriculum in their schools and then link these school-based activities to after school activities, businesses, and facilities. For example, in addition to archery, they are very keen on skate boarding and have brought a Colorado-designed skate boarding program to their schools.

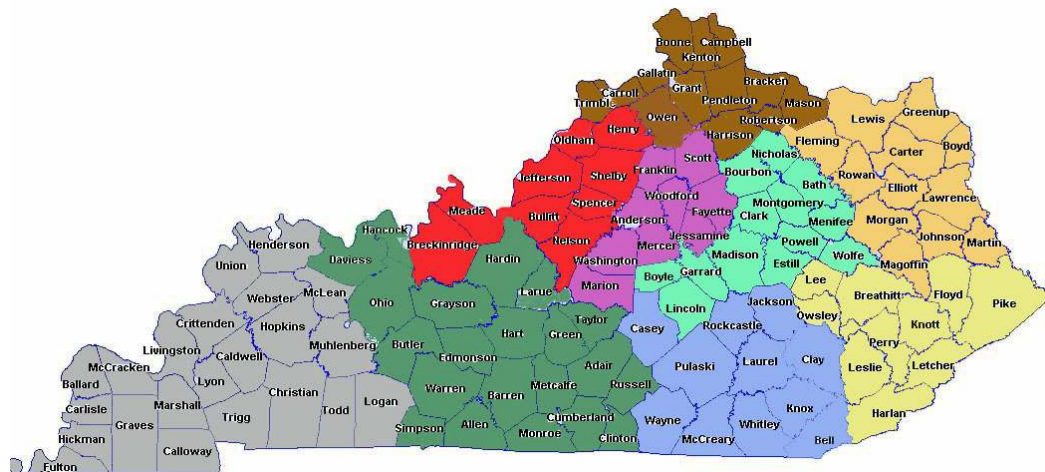
The educators at this workshop were very impressive. Only a couple had shot bows and arrows before and only two were "active" archers. They were very open-minded and appreciated the educational techniques and messages we present in the NASP. They were most enthusiastic about the positive language and safety features of the training. One of their favorite lessons was learning to perform CPR without the use of an "Annie Doll" when correcting an archer. They learned to Compliment the archer on some aspect of the 11 Steps to Archery Success, then to provide Positive correction, and finally to Review after the next shot to make sure the correction was implemented. One of the BAIT candidates indicated on his evaluation that the training 'was the best 3 days of his life!' Wow, that's exciting but also a bit intimidating -- that our training can have such an important impact on a professional educator. At

(Continued on page 9)

REGIONAL CONTACT INFORMATION

UPCOMING BAI TRAININGS

- ♦ Sept. 17: Battletown Elem.. Contact Jennie
- ♦ Sept. 22: Elliott Co. Contact Denise Boggs
- ♦ Sept. 22: Somerset—contact Jennie
- ♦ Oct. 13: Monroe Co.—Ronda Elam
- ♦ Oct. 20: Elliott Co.
- ♦ Oct. 20: Second Street Frankfort—Lisa Frye
- ♦ Nov. 6: Monroe Co.
- ♦ Nov. 12 : Elliott Co.
- ♦ Nov. 17: Second St.
- ♦ Nov. 17: Elliott Co.
- ♦ Dec. 8: Williamsburg, contact John Young
- ♦ Dec. 8: Elliott Co.
- ♦ Dec. 15: Monroe Co.



REGION I NEWS

Welcome Aboard
nine new BAIs
trained
during June!

- **Region 1 Ronda Jordan-Elam (rjelam@mchsi.com):** Ballard, Caldwell, Calloway, Carlisle, Christian, Crittenden, Fulton, Graves, Henderson, Hickman, Hopkins, Livingston, Logan, Lyon, Marshall, McCracken, McLean, Muhlenberg, Todd, Trigg, Union and Webster
- **Region 2 Mark and Ronda Elam (rjelam@mchsi.com) :** Adair, Allen, Barren, Butler, Clinton, Cumberland, Daviess, Edmonson, Grayson, Green, Hancock, Hardin, Hart, LaRue, Metcalfe, Monroe, Ohio, Russell, Simpson, Taylor and Warren
- **Region 3 Lisa Frye (lisa.frye@frankfort.kyschools.us) :** Breckinridge, Bullitt, Henry, Jefferson, Meade, Nelson, Oldham, Shelby and Spencer
- **Region 4 Brenda Klaas (brenda.klaas@boone.kyschools.us) :** Boone, Bracken, Campbell, Carroll, Gallatin, Grant, Harrison, Kenton, Mason, Owen, Pendleton, Robertson and Trimble
- **Region 5 Anita Bolen (anita.bolen@frankfort.kyschools.us) :** Anderson, Fayette, Franklin, Jessamine, Marion, Mercer, Scott, Washington and Woodford
- **Region 6 John T. Young, Jr. (john.young@mccreary.kyschools.us) :** Bell, Casey, Clay, Jackson, Knox, Laurel, Marion, McCreary, Pulaski, Rockcastle, Wayne and Whitley
- **Region 7 Wiley Faw (Wiley.Faw@bourbon.kyschools.us):** Bath, Bourbon, Boyle, Clark, Estill, Garrard, Lincoln, Madison, Menifee, Montgomery, Nicholas, Powell, and Wolfe
- **Region 8 Denise Boggs (denise.boggs@elliott.kyschools.us):** Boyd, Carter, Elliott, Fleming, Greenup, Johnson, Lawrence, Lewis, Magoffin, Martin, Morgan and Rowan
- **Region 9 Kenny Roark (kenny.roark@perry.kyschools.us):** Breathitt, Floyd, Harlan, Knott, Lee, Leslie, Letcher, Owsley, Perry and Pike

Upcoming Tournament Dates:

Regional Tournaments (TBA by each Coordinator)

State Tournament (Monday, March 17, 2007)

National tournament (Saturday, May 10, 2007)

Region II: Ronda Jordan-Elam, Monroe County

Submitted by Mark Pence, JT Alton Middle School; Hardin County

I just wanted to thank you for hosting the regional tournament and for all of the work you guys put into it. Also, thanks for keeping us informed of the standings for James T. Alton Middle School. I'm very proud of our team taking 2nd place, especially since we've only been shooting for three months.

I'd like to share a success story of my son, Austin. He picked up a Genesis bow for the first time right before Christmas this past year, during the James T. Alton's archery club's first actual hands-on practice. Out of all of the arrows that he shot, only one made it to the target, and that was a one-pointer. Of course, other students laughed and teased him, and he became very frustrated and was unsure if he wanted to continue. I had already signed up to take the instructors training in Meade County for the week before Christmas so I could assist our coaches as needed. I told Austin that I would learn all that I could to help him and for him not to give up.

During the Christmas break we purchased his own bow and began practicing in our back yard. The more that Austin practiced the more accurate he became. It was obvious to me that he had a good eye for finding the center of the target and we kept his scores to prove to him that he was improving on each practice.

After going back to school from the winter break, Austin was looking forward to the numerous practices that we had. Within a few weeks we participated in a competition with another middle school and Austin came in first place. In another in-school competition he took second place. His confidence continued to build.

After many practices at 10 meters in our basement and more practices at school, Austin anxiously awaited the regional competition. While awaiting our time to shoot, he was shooting on the 3D course outside the building and the nock flew off his bow string. With only a few minutes to go before he was supposed to shoot, I found myself repairing his bow.

*Welcome aboard new NASP
Instructors from:*

*Cub Run Elementary, Barren
County Middle School, Monroe
County High School;
Ft. Knox Community Schools;
Payneville Elementary;
Campbellsville Middle School and
North Hardin High School!*

Unsure of where his bow would shoot, I reminded him that he only had five practice arrows to find his spot and he needed to pay close attention as to where each arrow hit. Eventually, he found his spot, and shot a 49 on the last round at 10 meters. At 15 meters he started slowly, but finished with a 48 on the last round.

His total score was good enough to take third place in the competition. Not bad for a kid that could have given up on that first day when only one arrow found the target; even better when he overcame a second opportunity to give up because of a bow failure.

Austin has learned something far greater than how to shoot an arrow with a bow. He has learned a lesson about life and how to overcome obstacles in order to succeed. His motivation came from the frustration he endured in the beginning. By not turning his head to a great challenge, he became another success story.

Thanks again for all the hard work that you and others put into the NASP.

*For training dates in either Region I or II, please contact rjelam@mchsi.com.
If you would like to host a training, let us know and we'll get you the specifics
of what hosting entails. Watch for more information via e-mails soon!*

Mark and Ronda

Region V: Anita Bolen, Franklin County

Check out

**www.
nasparchery.
com
for news and
discussion
forums!**

This summer Region 5 had two Basic Archery Instructor trainings in which 16 new BAIs received certification. The first was held in July and Second Street School in Frankfort and the second training was held at Beaumont Middle School in Lexington. We also had several teams that were represented at the National Archery in the Schools Tournament held in Louisville, KY in June. These teams included students from Anderson County High School, Frankfort High School, Second Street Middle School, and The Frankfort Christian Academy.

As the new school year starts, it is time to begin thinking about the 2007-2008 Kentucky Archery in the Schools program and begin planning for the season. The Regional Tournaments will be held between February 28 and March 3. If your school would like to host the Regional Tournament please contact me for more information. Last year our Regional Tournament was hosted in Frankfort and we had approximately 340 students that participated. Registration opened at 8 a.m. and Awards were presented at approximately

7 p.m.

I also have a new e-mail address, anita.bolen@us.army.mil. If you need to contact me for any reason please feel free to either e-mail, or call. My cell phone number is 502.227.3757, and my home phone is 502.839.3249. I will be willing to help you in starting a new program, begin an after school program, or host small tournaments throughout the school year. Have a good year and may all your arrows hit their target!

**www.
nasparchery.com**

Region VI: John Young, McCreary County

Submitted by Danny Beattie, Pleasant View Elementary

Oak Grove Elementary, Whitley East Elementary and Whitley Central Intermediate will all be beginning the program this upcoming school year thanks to funds from Operation U.N.I.T.E.

At Pleasant View Elementary, we have had an archery team for the past two years. Throughout the first year, most of our time was spent getting equipment and training. This year was our first year competing, and what a successful year it was! Pleasant View Elementary placed third in the Region Six Tournament, and qualified for the Kentucky State Tournament. In the state tournament, our team improved their scores by about 200 points from the Region Six Tournament. This also gave us a qualifying score and an invitation to attend the United States Championships. At the National Championships, scores improved another 200 points. With these scores, Pleasant View Elementary Archery Team finish twelfth place in the United States!

The steady improvement has been what we are most proud of. The students worked extremely hard for six months. And through hard work, they did succeed! I have coached football and softball; however, this is the first program that the interest stayed high throughout the season. We began the program with twenty kids, and finish the program with twenty kids.

The support system in the NASP program is unbelievable! "Thank, John Young, Region Six Coordinator, and Jennie Richardson, Ky. State Coordinator, for helping make our program at Pleasant View Elementary such a success!"

Region VIII: Denise Boggs, Elliott County

*Submitted by: Sheri Shatz
Boyd County Middle School*

I was first introduced to archery through my son's elementary NASP team. I instantly felt a desire to learn more. I work as a Computer Lab Technician at Boyd County Middle School and knew we had the program in our PE class but if I also offered the program after school, it would give students something to do and introduce them to a sport that would last a lifetime.

I didn't have access to our school's equipment and struggled to find the funding to start. Luckily our principal supported my idea and I was able to find funding through 21 CCLC, National Wild Turkey Federation, O'Brien's Archery, Borders Sporting Goods, Tri County Animal Clinic, and Ashland YMCA. We had a couple of fundraisers, parents and teachers made individual donations, and we were able to cover the cost to travel and compete. We are also blessed with two volunteers, Chris Barrett and Daryl Short, who share their hunting experience with the team.

We started practicing at the end of January of this year and placed 2nd at the regional competition and scored high enough at state to qualify to compete at nationals. It was truly a breathtaking and unexpected moment for students to realize they made it to nationals. They learned what it means to represent your school and the pride that comes from committing everything you have to do your best. My passion has really turned into their passion and that is the most rewarding thing I have ever experienced.



Region IX: Wayne Watts, Letcher County



Letcher County campers enjoy archery at JROTC camp.

We would like to welcome Brett Turner and Dennis Garrett of Mountain Outdoors to the 9th Region NASP team. Mountain Outdoors is located in Harlan County's Baxter, and carries all types of outdoor equipment as well as conducting training in the shooting sports. Brett and Dennis are competitive archers, and plan to assist Harlan County schools with NASP.

During the summer months, my JROTC cadets and I worked with local Youth Service Centers and schools, introducing the sport of archery to young campers throughout Letcher County, plus setting up archery sites at several festivals. Many community members are now pressing the school system to expand NASP in the area.

Letcher County NASP will be sponsoring their Second Annual NASP Postal Tournament this fall. We had entries from several states last year and hope to continue the tradition.

**Welcome aboard Kenny Roark—who will assume the Region IX RC duties.
Special thanks to Wayne Watts for his hard work in Eastern Kentucky!**

NASP and 3-D—Summertime tournaments



The summer 3-D shoots have been a huge success at the national level this year, and NASP kids from around the area have benefited. Both the Archery Shooters Association (ASA), and the International Bowhunters Organization (IBO) have hosted NASP style competitions at their national level competitions and quite a few NASP students have traveled to take advantage of the extra opportunities offered them to shoot.

The ASA hosted this year's first NASP at ASA event in London, Ky. Almost 40 NASP students participated in the event which included a thirty arrow "NASP style" competition followed by a ten target 3-D round. Students from as far away as Trigg County made the long trip to shoot in the event and Pulaski High School student Chad Leigh shot an incredible 299 on the NASP portion of the tournament. Following the competitive

portion of the day, all the shooters were able to participate in an hour long session where each student was paired with a professional archer who volunteered his/her time to help the student archers with many aspects of their shooting.

The second NASP at ASA event was held at Metropolis, Ill.; the home of Superman. The same format was used as the London shoot, and again students from all over Kentucky participated in the event. At Metropolis, however, several first time shooters participated in the event. As a result, several new archers were introduced to this life-long sport. The pro shooters again volunteered their time to work with the kids and it seems that the pros have as much fun at these sessions as the kids do.

The IBO hosted the first-ever NASP at IBO event at the first leg of their National Triple Crown in Bedford, Ind. The basic format was the same as the ASA format, but there were students from Indiana, Ohio, and Kentucky who participated. There were 32 students that shot at Bedford and again, there were some first time shooters in attendance. The Bedford tournament was held over two days and Kentucky students from Meade County, Trigg County and Monroe County made the trip to participate in the IBO's maiden voyage with NASP students.

The second NASP at IBO event was held in the sweltering heat of Nelsonville, Ohio, at the third leg of the IBO's National Triple Crown. The majority of the shooters at Nelsonville were from Ohio, but students from Trigg and Monroe Counties again made the trip. At Nelsonville, the 3-D portion of the NASP tournament was held on the "Bowhunters Defense" range in order to demonstrate the layout of most competitive 3-D courses.

Probably the most exciting part of these events is that several NASP students competed in each organization's competitive youth classes as well as the NASP portion of the tournament. These students shot with either a compound or traditional bow at 40 targets in competition with other youngsters who have been competing for some time. This is exciting because we are starting to see our NASP trained students, many which had never shot a bow before they started in NASP, beginning to experiment with other archery venues.

Mike Tyrell, President of the ASA, says that he has been very pleased with the relationship between the ASA and NASP for the last three years. According to Tyrell, "It has been very rewarding to be involved with the kids coming up through the NASP program. The most exciting part has been to watch kids that shot their first arrow in NASP begin to show up at our ASA events, become members of our organization, and begin to shoot competitive classes beyond the scope of NASP. We hope to continue this relationship for many years to come."

Ken Watkins, President of the IBO, states that "The IBO is very proud to be a part of the NASP program. We are very excited to be able to offer these kids the opportunity to participate in our Triple Crown Events, and we hope to be able to offer more opportunities for these kids to participate through IBO clubs at the local level."

Hopefully next year will be even bigger and better with more opportunities for students to participate in NASP style events at the national level. Please take an opportunity to express your gratitude to both Tyrell and Watkins for including our kids in their national events, and the sponsors who make these events possible. Especially, thanks to all the youngsters for participating and continuing to further the sport of archery.



My life...thanks to NASP

By: Chad Leigh, Pulaski County



My life was alright for a typical kid in middle school, but that was before the NASP program was started at Northern Middle School by Ms. Gail Begley. I thought that it would be a fun getaway from school with all my friends. I turned out to be "alright" at it but it was something that I enjoyed. For the first two or three years, that was how it stayed.

That was until my sophomore year, I decided I was tired of being in the shadows of everyone else. I didn't have the raw talent of those that won. I had to work my butt off in private sessions with Coach Begley whenever I could. I even started getting to come early in the mornings at about 7:00 a.m. I tinkered, messed, and invented a form that I found easy for me to use under pressure. It finally grew on me, and I felt very confident for that year's competitions. All I had to do was put everything to test at the Lake Cumberland Shoot. Sounded easy enough, but what if I screwed up? What would happen after all those heavy practices and hours of form discipline? There is no doubt that this question was my downfall was at the shoot. As Lanny Bassham said, "It doesn't matter if you win or lose... until you LOSE."

I found out then and there that not only did I not have the experience, but the mental willpower to win. So, I went home the night of the tournament and built a 15-meter range in my basement. I practiced, and

practiced, and practiced some more. I started having dad and my brother create distractions. If they weren't there, I pushed myself. I found out when I practiced that the mind is the greatest advantage... or disadvantage. I had to tell my conscious mind what I wanted to have done. I had to change my ways of thinking. Instead of thinking, *don't shoot a red*, to, *shoot a ten*. My whole shot sequence simplified after that. It was lowered from about fifteen steps to two. 1) Shoot a ten, 2) duplicate #1. It became a routine, habit, instinct. Behind all of that, I had to improve my self-confidence to balance my conscious and sub-conscious mind. If I didn't, I would have held myself back. When I had my conscious, sub-conscious, and self-confidence minds balanced nobody could beat me, unless they were more developed in the three essentials than I was.

Finally, the Nationals for the NASP program were upon me. I had to prove myself, or did I? I hadn't won anything or even come close in previous tournaments. I had nothing to prove, and it felt easy to cope with pressure then. I found out that pressure was not a bad thing or a good thing; it was essential to good performance. Pressure, I came to find was like water. Too much water and you drown, too little and you dehydrate. You have to make the pressure on yourself just enough for what you feel is a manageable amount. Not only did I have to overcome the pressure, I had to overcome fear. But, fear isn't something to worry about. Fear is cured by taking action, so I needed experience. Then I thought, I have plenty of experience. I have been doing this for years. Once that I had this through my head, I felt for once in my life, I could do no wrong.

I went through my practice round... 50!! Now I knew that I could do this. Next three rounds for score were perfect tens, 150 from ten meters, the best I had ever shot. Now from fifteen meters, NASP archers know that this is where the tournaments are won or lost. I had it made up in my head that I was going to win; I could just feel it, that this could be my tournament. I knew that I had to beat Graham Cofield (an archer from Trigg County who had already won the nationals three times before), but it didn't matter. I just needed to push myself a little bit more. As I shot my practice round from fifteen, I had already gathered a crowd of spectators breathing down my neck. That didn't help, but I guessed that this probably happened to Graham earlier that same day, so fair is fair. I had to just let it happen, not make it happen and screw up. I ended up shooting a 144 from fifteen. I didn't know if I had won or not but it didn't matter, I had put my best effort on the table. If that wasn't enough, I would shake the winners hand happily, whoever that may be.

(Continued on page 9)

My life—thanks to NASP..... continued from page 8

I later found out that I had placed second in the nation behind Graham. I had shot a 294 out of 300, and he had shot a 296. He had completed his saga as reigning Male High School Champion four years in a row. Then I found out that I wasn't finished yet, they were holding a Scholarship Shoot off. It was supposed to be between the top four males in the nation and the top four females in the nation. I, along with two others from my team—Ashley Rose and Samantha Jo Harris, had met the qualifications for the shoot off. Also in the shoot off were the reigning champ Graham himself along with his younger brother, Grady. Once that information came to pass, I wasn't feeling very confident or excited about shooting against the duo. But, I had to tell myself to relax and pretend it was only practice in the basement with my dad. I was in my own little world from the start of the shoot off. First round went by, I wasn't eliminated. Second round gone, I was still there. On the third round, I noticed it was only me and Graham. I didn't like my odds but gave my best. I came up short by about two points just like the final scores we had from earlier. I had come in runner up in the shoot off and the actual qualifying round.

It wasn't until I had set down to get ready and listen to the awards that something got my attention. Ashley Rose, my teammate that was in the shoot off with me and Samantha, was being talked to by someone I didn't know. Once that she was done talking to, whom I felt was some sort of representative, they started to walk in my direction. This I couldn't understand. Of course he would be talking to Ashley, she was a two-time National Female Champion and winner of the scholarship shoot off, but why me?

The representative told me that a "Kisik Lee" would like a word with me. Now I was completely confused, I hadn't heard of a Mr. Lee before in this organization. It wasn't until I started talking to him that I discovered who he was. He was the Head Coach for the USA Olympic Archery team. I was surprised at just knowing that a man of that stature would want to talk to me, that I barely heard the invitation about being on the Jr. Dream Team. That team would be in the running for the possibility of being on the Olympic team for the 2012 Olympics in London, England. Not only did I get two awards, a bow, stabilizer, and scholarship money at the NASP tournament, but I had also received an opportunity of a lifetime.

Ashley and I took Coach Lee up on the offer and was on my first flight to Chula Vista, CA to go to the Olympic Training Center. I met people from around the US in a matter of a week. I was later told during the week of my stay at the complex, that I would be put on the team, given a bow setup from Hoyt recurve, Easton Arrows, W&W limbs, sights, etc. All I had to do was want to excel into dreams I had had as a child. I was quick on that offer, which I am now chasing and pushing it to its full benefits. I have now won \$5,500 in scholarship money. I have since won 3rd place in my region, 1st place in KY, and 4th place in the nation. My highest score in competition is 299 out of 300 in the ASA Shoot off in London, KY.

I could not have done this in the first place if it hadn't been for Jennie Richardson starting the NASP program. I would like to thank Jennie along with Coach Begley and Coach Brock for their guidance and help in the great sport of archery. I would also like to thank my many friends and my family for their undying love and support. I would also like to thank Coach Lee for the opportunity of a lifetime. Also, big thanks to Matthew McPherson for embracing and helping this great program.

International update Continued from page 2

the conclusion of the workshop some of the educators declared they would adopt many of the NASP instructional methods in the teaching of other physical education lessons in their schools.

One of the biggest revelations for me as I presented the BAIT and BAI training was the communications problem associated with imperial versus metric measurement systems. Before the NASP expanded beyond the United States we were doing okay referring to distances (range set-up) in inches, feet, and yards. The educators didn't have any idea what an inch, foot, or yard was in relation to their centimeters and meters. We will correct this oversight in our next edition of the training materials as we incorporate "yards and meters" in our distance specifications. For example the "waiting line" will be designated as 'a line 4 yards or meters from the shooting line' rather than the current '10-15 feet from the shooting line'.

These Nova Scotia educators intend to help other Provinces in Canada adopt the NASP. Already they are helping educators in Saskatchewan get ready to launch their program, again with the lead provided by the Ministry of Education.

This fall, God willing, Hawaii, New Mexico, and New York will become states #43, 44, & 45 to join the NASP. Massachusetts and Connecticut will be the first to join the fun in late winter, 2008.

I pray each of you will have a very fruitful school year in 2007-2008 as you help bring successful archery experiences to young people throughout Kentucky.



Summer Camp + Archery = A whole lotta fun!



Recently, 29 of Kentucky's NASP students spent a week at Camp Webb in Grayson, Kentucky, in an intensive archery-focused camp with Kentucky NASP State Coordinator Jennie Richardson. Richardson pointed out that students from across Kentucky had the opportunity to participate in this first-ever Archery Camp, which Kentucky Department of Fish and Wildlife staff welcomed into their regular Conservation Camp, held at Camp Webb.

Students were not only able to participate in



the typical Conservation Camp classes of: Bowhunter Education Certification, Outdoor Survival, Swimming, Boating and Canoeing, Hunter Safety, Casting and Fishing and Nature, they were able to log several hours of archery coaching, information and practice during their week stay at Camp.

During the week, the students worked several sessions with their NASP Genesis bow, including shot techniques, maintenance and rebuilding the Genesis. During the week, they also learned how to fletch NASP arrows, select proper arrows for each bow represented and how to build arrows from raw arrow

shafts. Students really enjoyed learning how to apply cresting to arrows as well as working with multiple types of fletching including feathers.

In addition, students were able to bring additional archery equipment, such as their personal recurves or compound bows. Archers were able to learn to set up both types of bows and learned to shoot their personal bows, by adapting their shot sequence depending on bow type. Learning to shoot in personal practice, such as using a blind bale technique, group shooting or shooting for score, was also discussed with archers during camp.

Richardson also worked with students on the difference between shooting indoors and outdoors and how to practice for bowhunting situations. She instructed students to always recognize all the possible situations that might face them at tournament time and be prepared to deal with them. She also added that archers should practice in the same clothing that they will be competing (or hunting) in and to try to simulate lighting and weather conditions as best as they could.

Through the week, the students also worked extensively with Goal Setting and Mental Management and each child created their own archery journal and worked on writing positive affirmations. Work with physical conditioning and proper diet was also included in the week's work for students.

One of the favorites for the students was the session on judging yardage and shooting 3-D animals, with students learning the various techniques available for improved yardage judging and how to shoot and score 3-D type targets.

Additional time was allowed through the week for students to practice their shooting form and techniques with their preferred equipment, and receive individual instruction from Richardson, Kentucky NASP Liaison Charlie McMillen, Jr. Olympic Dream Team Archer Chad Leigh and 2007 NASP National Champion Morgan Floyd.



News from Jennie..... continued from page 2

Redmon, Amy Glass, Patrick O'Connell, Russ Kennedy, Joe Lacefield, Hope Carlton, Bill Balda, and Charlie Baglin - a very special thank you and great job to these fine folks.

The summer camp offered by KDFWR for our NASP students (see related story in this issue) was also a success as we are already planning on offering more of these camps in different locations across the state next summer. Make sure to look for our schedule in the next newsletter.

The advanced archery classes have been an overwhelming success as our coaches learn the advanced tuning and shooting techniques, and the mental approach to successful shooting. We will be offering five of these this fall and I will be offering three BAITs for those teachers that want to be able to conduct the BAI classes.

An exciting new development has been a complete partnership with the Madison County YMCA facility. Thanks to this group opening their facility to NASP kids – schools in the Richmond area will be able to use their facility for practice, alleviating the need to compete with the typical ball sport scheduling conflicts which so many of you have encountered. If you've been able to secure other partnerships, please share them with us as other teachers might be able to bridge gaps with that information!

With all of the great activities which have occurred in 2006-2007, as the state coordinator I'm anxiously awaiting what lies ahead for our program as we continue to grow beyond anyone's expectations!

More Archery Camp Scenes...



OTHER ARCHERY TRAININGS AVAILABLE

Sept. 25 & 26: Advanced Archery Class in Williamsburg, KY

Oct 1 & 2 Advanced Archery Class in Frankfort, KY

Oct 8,9 & 10 BAIT Training in Williamsburg, KY

Oct 16,17 & 18 BAIT in Russellville, KY or Barren River Lake SP

Oct 22 & 23 Advanced Archery Class in Trigg County

Dec. 4-5 Advanced Archery Class Location TBA

Dec. 11-12 Advanced Archery Class Location TBA

For more information on any of these, please contact Jennie Richardson at 606-549-9918 or rich4641@accesshsd.net

NATIONAL RESULTS—TOP 10

SCORE	NAME	GR	SCHOOL	LOCATION
<u>ELEMENTARY FEMALE</u>				
280	RACHEL ZORSKY	6	OXFORD CENTRAL SCHOOL	OXFORD NJ
278	MICKAELA HUDNALL	6	HENDERSON SOUTH MIDDLE	HENDERSON KY
275	LAUREL REGAN	6	HENDERSON SOUTH MIDDLE	HENDERSON KY
273	KENNEDY MCALPIN	6	NORTHERN MIDDLE SCHOOL	SOMERSET KY
271	GEORGIA KARR	6	PAYNEVILLE ELEMENTARY	PAYNEVILLE KY
270	BRYLEE CROZIER	6	ARMSTRONG ELLIS GRADE SCH	ARMSTRONG IL
270	MORGAN KOZIER	5	IRVINGTON ELEMENTARY	IRVINGTON KY
269	HANNAH FOUNTAIN	6	CHARLES HENDERSON MIDDLE	TROY AL
269	MORGAN HAMILTON	4	LEWISBURG ELEMENTARY	LEWISBURG KY
267	HANNAH CHERRY	5	JOE HARRISON CARTER ELEM	TOMPKINSVILLE KY
<u>ELEMENTARY MALE</u>				
288	TAYLOR CUNDIFF	6	SOMERSET HIGH SCHOOL	SOMERSET KY
278	ZACK EUNICE	6	HENDERSON SOUTH MIDDLE	HENDERSON KY
275	JACKSON GROOMS	6	ARMSTRONG ELLIS GRADE SCH	ARMSTRONG IL
275	MICHAEL MCIVER	5	FRANKFORT CHRISTIAN ACADEMY	FRANKFORT KY
273	NICHOLAS SALYERS	5	ISONVILLE ELEMENTARY	ISONVILLE KY
273	TYLER WOOD	6	LEWISBURG ELEMENTARY	LEWISBURG KY
272	TAYLOR KNOTT	6	PAYNEVILLE ELEMENTARY	PAYNEVILLE KY
271	JASON CHAU	6	POUND MIDDLE SCHOOL	LINCOLN NE
270	BRANDON HATFIELD	5	MAYSVILLE ELEMENTARY	MAYSVILLE OHIO
269	DARREN SHEPHERD	6	NORTHERN MIDDLE SCHOOL	SOMERSET KY
<u>MIDDLE FEMALE</u>				
287	AMBER ABATE	8	TRIGG COUNTY MIDDLE SCHOOL	CADIZ KY
281	KENDRA HARPER	8	ELLIOTT COUNTY MIDDLE SCHOOL	SANDY HOOK KY
275	KAITLYN ISCHINGER	8	OXFORD CENTRAL SCHOOL	OXFORD NJ
275	MARIANNE ARNOLD	7	MAYSVILLE 6-12 SCHOOL	MAYSVILLE OHIO
273	RENEE FULTZ	7	ELLIOTT COUNTY MIDDLE SCHOOL	SANDY HOOK KY
270	KASSANDRA MULLINS	7	MEIGS MIDDLE SCHOOL	MIDDLEPORT OHIO
270	JUSTUS DIXON	7	HENDERSON SOUTH MIDDLE	HENDERSON KY
270	JESSICA GIBBONS	7	CHARLES HENDERSON MIDDLE	TROY AL
270	COLLEEN KOCH	7	JACKSON MIDDLE SCHOOL	CHAMPLIN MN
269	SLOANE PATTERSON	7	TRIGG COUNTY MIDDLE SCHOOL	CADIZ KY
<u>MIDDLE MALE</u>				
284	DEVIN OSBORNE	8	MAYSVILLE 6-12 SCHOOL	MAYSVILLE OHIO
284	NATHAN PARCELL	8	STUART PEPPER	BRANDENBURG KY
282	SAMUEL HOWARD	8	ELLIOTT COUNTY MIDDLE SCHOOL	SANDY HOOK KY
281	JUSTIN JACKSON	8	MCCREARY COUNTY	STEARNS KY
281	BILLY BENSON	8	SUPERIOR MIDDLE SCHOOL	SUPERIOR WI
280	DAVID FOSTER	7	LEWISBURG MIDDLE SCHOOL	LEWISBURG KY
280	RYAN RUSSELL	8	TRIGG COUNTY MIDDLE SCHOOL	CADIZ KY
278	TYLER YANOSCAK	8	WILLIAMS VALLEY JR/SR HIGH	TOWER CITY PA
278	BRAD BLAIR	8	HENDERSON SOUTH MIDDLE	HENDERSON KY
278	MATT POUNCEY	8	CHARLES HENDERSON MIDDLE	TROY AL
<u>HIGH FEMALE</u>				
288	MORGAN FLOYD	10	MADISON CENTRAL HIGH SCHOOL	RICHMOND KY
287	MEAGAN PARCELL	11	MEADE COUNTY HIGH SCHOOL	MEADE KY
286	RACHEL ROBERTS	12	HENDERSON COUNTY HIGH	HENDERSON KY
285	RAVEN KRAMPE	10	HENDERSON COUNTY HIGH	HENDERSON KY
285	CHANTELLE SKARDA	9	WHITEBEAR LAKE HIGH SCHOOL	WHITEBEAR LAKE MN
283	COURTNEY CAMPBELL	11	MEADE COUNTY HIGH SCHOOL	MEADE KY
283	AUDREY SLAUGHTER	9	HENDERSON COUNTY HIGH	HENDERSON KY
282	ASHLEY ROSE	11	PULASKI COUNTY HIGH SCHOOL	SOMERSET KY
281	ASHLEIGH SCOTT	9	TRIGG COUNTY HIGH SCHOOL	CADIZ KY
281	KATIE HEATH	12	HENDERSON COUNTY HIGH	HENDERSON KY
<u>HIGH MALE</u>				
297	GREG GEARY	12	MEADE COUNTY HIGH SCHOOL	MEADE KY
296	MATT GOOD	11	MAYSVILLE 6-12 SCHOOL BLUE	MAYSVILLE OHIO
296	KOHEL OETTLE	12	HENDERSON COUNTY HIGH	HENDERSON KY
293	CHAD LEIGH	11	PULASKI COUNTY HIGH SCHOOL	SOMERSET KY
291	BEN BLEVINS	11	PULASKI COUNTY HIGH SCHOOL	SOMERSET KY
289	EVAN BAIRD	10	HENDERSON COUNTY HIGH	HENDERSON KY
289	DILLON BURKHEAD	10	ANDERSON COUNTY HIGH SCHOOL	LAWRENCEBURG KY
289	HEATH MOYES	12	HENDERSON COUNTY HIGH	HENDERSON KY
288	JOSH WALTERS	12	SW HIGH SCHOOL	SOMERSET KY
286	BO SHIRER	10	MAYSVILLE 6-12 SCHOOL BLUE	MAYSVILLE OHIO